

Course Program	Duration (Days)
Safe Handling & Operating Power Industrial Truck (PIT)	1/2
Working at Heights	1
Behavioural Based Safety - Incident & Injury Free Paradigm Shift	2
Equipment Safety / Machine Guarding	2
Construction Safety	2
Solid Waste Management	2
The Fundamentals of Ergonomics	2
Fire Safety	2
Personal Protective Equipment (PPE)	2
Fall Protection & Ladder Safety	2
Emergency Evacuation & Procedures	2
Working at Heights, Hazards & Control Measures	2
Hand Safety and Injury Prevention	2
Working in Confined Spaces - Awareness Program	2
Introduction to Manufacturing Safety	2
Hazard Communication (HazCom)	2
Hazardous Waste Management	2
Incident Investigation, Prevention & Reporting	2
Control of Hazardous Energy (Lock Out, Tag Out, Try Out) LOTOTO	2
Chemical Spillage	1
Ergonomics and Manual Handling at Workplace	1
Hazardous Chemical Exposure Management & Handling	2
OSHA Training Program	2
Comprehensive Risk Assessment & Controls	2
HIRARC and Emergency Response Plan	2